**Source:** <http://www.theenvironmentalblog.org/2016/11/eco-laundry-how-to-keep-your-clothes-clean-and-stay-green/>

**Eco-laundry: how to keep your clothes clean and stay green**

***November 29, 2016***

**GREEN TIPS**

I’m going to tell you about some issues that citizens can make to preserve the green environment. The subject is called Eco-laundry: how to keep your clothes clean and stay green.I found it on a website that is[www.theenvironmentalblog.org](http://www.theenvironmentalblog.org)and in a report that the Guardian has recently written about it.

We all have to wash our clothes, of course. But doing laundry, adds an important amount to the carbon footprint. According to research from the Guardian, washing and drying a load of laundry once every two days, is the equivalent to the carbon footprint that each year a flight makes from London to Glasgow with taxi rides at both places.

This comes from the energy used by washer-dryers, and that doesn’t take into account the environmental pollution laundry can cause sending harmful chemicals and microfibers straight into the ocean. So, what should we do to improve the current situation?How do we wash our clothes without destroying the environment? How do we stay clean *and* green?

According to the report of the Guardiansome tips will help you out.I'm sure everybody knows them, but it is good to remember them.

**Don’t always wash all your clothes.**

For example, with jeans. These denim clothes were designed as clothes for heavy labour; and while they are still highly durable, nothing will shorten their lifespan in the washing machine. Re-wearing jeans more often than you do currently will lessen the laundry carbon footprint.

**Be careful with the detergents you use.**

Use phosphate-free detergents.

**Go to a launderette**

If you do not have an ecological washing machine, from the point of view of energy saving, go to a launderette. Washing your clothes with others it saves everyone energy.

Finally there is a sentence in the reportthat I found quite interesting. That is:

‘Environmental issues determine our lifetime on Earth’. It means that humanity will die if we do not improve the ecological environmental.